Resources:

Access and Crisis Line (24/7): 888-724-7240
2-1-1 SD or (858) 300-1211

UP2US.org

To learn more about the San Diego Prescription Drug Abuse Task Force and available resources, please visit our website: www.sdpdatf.org

Safe Medication Disposal

South County San Diego
Safe medication disposal information and locations

www.sdpdatf.org
THE DO’S AND DON’TS OF SAFE DISPOSAL

DO dispose of unused or expired medications the safe way by bringing them to an approved collection site.

DO follow disposal directions you receive with your medicines.

DON’T throw away unused or expired medications. Medications that are thrown in the trash can be misused by others or sold.

DON’T flush your prescription medications. Flushed medications end up in our waterways and sewage systems.

Disposal Tips

Scratch out all identifying information on the prescription drug bottle to make it unreadable. This will help to protect your identity and the privacy of your personal health information.

Unused or expired prescription medications are a public safety issue, leading to potential accidental poisoning, misuse, and overdose. Proper disposal of unused drugs saves lives and protects the environment.