Resources:

Access and Crisis Line (24/7): 888-724-7240
2-1-1 SD or (858) 300-1211
UP2US.org

To learn more about the San Diego Prescription Drug Abuse Task Force and available resources, please visit our website:

www.sdpdatf.org

Safe Medication Disposal

East County San Diego
Safe medication disposal information and locations

www.sdpdatf.org
The Do’s and Don’ts of Safe Disposal

**DO dispose of unused or expired medications the safe way** by bringing them to an approved collection site.

**DO follow disposal directions** you receive with your medicines.

**DON’T throw away unused or expired medications.** Medications that are thrown in the trash can be misused by others or sold.

**DON’T flush your prescription medications.** Flushed medications end up in our waterways and sewage systems.

---

### Disposal Tips

Scratch out all identifying information on the prescription drug bottle to make it unreadable. This will help to protect your identify and the privacy of your personal health information.

### Unused or expired prescription medications are a public safety issue, leading to potential accidental poisoning, misuse, and overdose. Proper disposal of unused drugs saves lives and protects the environment.

---

**East County San Diego Medication Safe Disposal Sites**

- **Alpine Sheriff’s Station**
  2751 Alpine Boulevard
  Alpine, CA 91901
  (619) 659-2600
  *Sharps disposal available at site*

- **Las Colinas Detention Facility**
  9000 Cottonwood Ave.
  Santee, CA 92071
  1-877-R1-EARTH

- **El Cajon Police Department**
  100 Civic Center Way
  El Cajon, CA 92020
  (619) 579-3311

- **CVS Pharmacy**
  9730 Mission Gorge Rd.
  Santee, CA 92071
  (619) 448-5110

- **Ramona Sheriff Substation**
  1424 Montecito Rd.
  Ramona, CA 92065
  (760) 789-9157

- **Kaiser Permanente Pharmacy**
  8080 Parkway Drive
  La Mesa, CA 91942
  (833) 574-2273
  *Kaiser Members Only*

- **La Mesa Police Department**
  8085 University Ave
  La Mesa, CA 91942
  (619) 667-1400

- **Ranchita Sheriff’s Substation**
  25704 San Felipe Road
  Ranchita, CA 92066
  (760) 782-3353

- **Borrego Springs Sheriff’s Office**
  571 Palm Canyon Drive
  Borrego Springs, CA
  (760) 767-5656
  *Sharps disposal available at site*

- **Campo Sheriff’s Substation**
  378 Sheridan Road
  Campo, CA 91906
  (619) 478-5378
  *Sharps disposal available at site*

- **Lemon Grove Sheriff’s Station**
  3240 Main Street
  Lemon Grove, CA 91945
  (619) 337-2000

- **Lakeside Sheriff’s Station**
  12365 Parkside St.
  Lakeside, CA 92040
  (619) 938-1360
  *Sharps disposal available at site*

- **Rancho San Diego Sheriff’s Station**
  11486 Campo Rd.
  Spring Valley, CA 91978
  (619) 660-7090
  *Sharps disposal available at site*

- **Pine Valley Sheriff’s Substation**
  28696 Old Highway 80
  Pine Valley, CA 91962
  (619) 938-8400
  *Sharps disposal available at site*

- **Santee Sheriff’s Station**
  8811 Cuyamaca Street
  Santee, CA 92071
  (619) 956-4000

---

As of May 2020