

## Resources:

Access and Crisis Line (24/7): 888-724-7240

2-1-1 SD or (858) 300-1211

UP2US.org

To learn more about the San Diego Prescription Drug Abuse Task Force and available resources, please visit our website:

[www.sdpdatf.org](http://www.sdpdatf.org)



# Safe Medication Disposal



[East County San Diego](#)

Safe medication disposal  
information and locations

[www.sdpdatf.org](http://www.sdpdatf.org)



# East County San Diego Medication Safe Disposal Sites

Alpine Sheriff's Station  
2751 Alpine Boulevard  
Alpine, CA 91901  
(619) 659-2600

*\*Sharps disposal available at site*

Las Colinas Detention Facility  
9000 Cottonwood Ave.  
Santee, CA 92071  
1-877-R1-EARTH

El Cajon Police Department  
100 Civic Center Way  
El Cajon, CA 92020  
(619) 579-3311

CVS Pharmacy  
9730 Mission Gorge Rd.  
Santee, CA 92071  
(619) 448-5110

Ramona Sheriff Substation  
1424 Montecito Rd.  
Ramona, CA 92065  
(760) 789-9157

Kaiser Permanente Pharmacy  
8080 Parkway Drive  
La Mesa, CA 91942  
(833) 574-2273  
*\*Kaiser Members Only*

La Mesa Police Department  
8085 University Ave  
La Mesa, CA 91942  
(619) 667-1400

Ranchita Sheriff's Substation  
25704 San Felipe Road  
Ranchita, CA 92066  
(760) 782-3353

Borrego Springs Sheriff's Office  
571 Palm Canyon Drive  
Borrego Springs, CA  
(760) 767-5656

*\*Sharps disposal available at site*

Campo Sheriff's Substation  
378 Sheridan Road  
Campo, CA 91906  
(619) 478-5378  
*\*Sharps disposal available at site*

Lemon Grove Sheriff's Station  
3240 Main Street  
Lemon Grove, CA 91945  
(619) 337-2000

Lakeside Sheriff's Station  
12365 Parkside St.  
Lakeside, CA 92040  
(619) 938-1360

*\*Sharps disposal available at site*

Rancho San Diego Sheriff's Station  
11486 Campo Rd.  
Spring Valley, CA 91978  
(619) 660-7090

*\*Sharps disposal available at site*

Pine Valley Sheriff's Substation  
28696 Old Highway 80  
Pine Valley, CA 91962  
(619) 938-8400

*\*Sharps disposal available at site*

Santee Sheriff's Station  
8811 Cuyamaca Street  
Santee, CA 92071  
(619) 956-4000



As of May 2020

## THE DO'S AND DON'TS OF SAFE DISPOSAL



**DO dispose of unused or expired medications the safe way** by bringing them to an approved collection site.



**DO follow disposal directions** you receive with your medicines.



**DON'T throw away unused or expired medications.** Medications that are thrown in the trash can be misused by others or sold.



**DON'T flush your prescription medications.** Flushed medications end up in our waterways and sewage systems.

## Disposal Tips

Scratch out all identifying information on the prescription drug bottle to make it unreadable. This will help to protect your identify and the privacy of your personal health information.

**Unused or expired prescription medications are a public safety issue, leading to potential accidental poisoning, misuse, and overdose. Proper disposal of unused drugs saves lives and protects the environment.**